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PROUDLY PRESENT



SAFPAS

Skin Aging, Facial Plastic & Aesthetic Surgery

Course Chairmen: Corey Maas, MD & James Newman, MD

2023

HARRAH'S RESORT
SOUTH LAKE TAHOE

FEBRUARY 9 - 12



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This activity is jointly provided by **Medical Education Resources** and **California Society of Facial Plastic Surgery**

20 CME Accredited Hours

WINTER SYMPOSIUM

Skin Aging, Facial Plastic & Aesthetic Surgery

COURSE CHAIRMEN

Corey Maas, MD | James Newman, MD

2023 FACULTY

Malena Amato, MD - Oculoplastic Surgery

Anna Bar, MD - Dermatology

Chloe Belteau - Marketing

Susan Boone, MD - Dermatology

Kayva Crawford, MD - Facial Plastic Surgery

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Justin Leitenberger, MD - Dermatology

Corey Maas, MD - Facial Plastic Surgery

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Dee Mouhouche, RN

Serena Mraz, MD - Dermatology

Gregory Mueller, MD - Plastic Surgery

James Newman, MD - Facial Plastic Surgery

Benjamin Ostrander, MD - Facial Plastic Surgery

Joe Overman, MD - Dermatology

Melanie Palm, MD - Dermatology

Purvisha Patel, MD - Dermatology

Debra Phairas - Marketing

Randal Pham, MD - Oculoplastic Surgery

Inna Prokopenko, RN - Marketing

Jacob Sedgh, MD - Facial Plastic Surgery

Stuart Seiff, MD - Oculoplastic Surgery

Roberta Sengelmann, MD - Dermatology

Mona Sharif - Marketing

Nima Shemirani, MD - Facial Plastic Surgery

Sarmela Sunder, MD - Facial Plastic Surgery

Ruth Swissa, CMM - Medical Micropigmentation

Stan Tolkachjov, MD - Dermatology

John Vartanian, MD - Facial Plastic Surgery

Lisa Marie Wark, MBA - Marketing

Deborah Watson, MD - Facial Plastic Surgery

Stephen Weber, MD - Facial Plastic Surgery

Richard Zoumalan, MD - Facial Plastic Surgery

THURSDAY, FEBRUARY 9

Skin Aging, Facial Plastic & Aesthetic Surgery

WELCOME TO SAFPAS

TIME	ACTIVITY
12:00pm - 1:30pm	REGISTRATION OPEN
1:30pm	APRES SKI IN EXHIBIT HALL

RHINOPLASTY

MODERATOR: ANDREW FRANKEL, MD

TIME	ACTIVITY	SPEAKER
2:00pm	WELCOME	Corey Maas, MD / James Newman, MD
2:10pm	Introducing Preservation Rhinoplasty To Your Practice	John Vartanian, MD
2:22pm	Nasal Base Modification: Techniques & Pearls	Stephen Weber, MD
2:34pm	10 Tips For Successful Treatment Of Nasal Septal Perforation	Jacob Sedgh, MD
2:46pm	Tip Projection Strategies For Different Skin Types	Richard Zoumalan, MD
2:58pm	Comparing Outcomes Of Cadaveric Rib Cartilage Grafting To Autologous Rib Cartilage In Revision Rhinoplasty	Nima Shemirani, MD
3:10pm	RHINOPLASTY PANEL Andrew Frankel, MD Nima Shemirani, MD Stephen Weber, MD Richard Zoumalan, MD	
3:30pm	PANEL: CHALLENGING RHINOPLASTY CASES Andrew Frankel, MD James Newman, MD Jacob Sedgh, MD Stephen Weber, MD Richard Zoumalan, MD	
4:00pm	BREAK WITH EXHIBITORS	

THURSDAY, FEBRUARY 9

Skin Aging, Facial Plastic & Aesthetic Surgery

SKIN MANAGEMENT & TECHNOLOGY

MODERATORS: ANNA BAR, MD | SERENA MRAZ, MD

TIME	ACTIVITY	SPEAKER
4:30pm	Tissue Substitutes: What Is Out There To Help Heal Wounds	Stan Tolkachjov, MD
4:42pm	Melasma: Management Techniques From The Dermatologist	Melanie Palm, MD
4:54pm	Update On Sunscreens	Joe Overman, MD
5:06pm	New Lasers For Hyperpigmentation	Purvisha Patel, MD
5:18pm	Evidence For OTC Supplements To Benefit Hair, Skin, & Nails	Serena Mraz, MD
5:30pm	Managing Cosmetic Complications	Nima Gharavi, MD
5:42pm	Combining Bipolar And Fractional RF For Lower Face And Neck Rejuvenation	Erez Dayan, MD
5:54pm	PANEL: EMERGING TECHNOLOGIES IN YOUR PRACTICE Erez Dayan, MD Nima Gharavi, MD Amir Moradi, MD Gregory Mueller, MD James Newman, MD	
6:30pm	OPENING RECEPTION WITH EXHIBITORS	



FRIDAY, FEBRUARY 10

Skin Aging, Facial Plastic & Aesthetic Surgery

SKIN MANAGEMENT & AESTHETIC RECONSTRUCTION

MODERATOR: ANDREW KAUFMAN, MD

TIME	ACTIVITY	SPEAKER
8:00am	BREAKFAST IN EXHIBIT HALL	
8:30am	Skin Care Science: What Are The Next Big Things?	Susan Boone, MD
8:42am	Top 10 Tips For Laser Resurfacing	Melanie Palm, MD
8:54am	GuancheLift: Five-Year Experience	Anna Guanche, MD
9:06am	Reconstruction Of The Upper Cutaneous Lip	Roberta Sengelmann, MD
9:16am	Temporoparietal Sling Flap	Justin Leitenberger, MD
9:26am	Postauricular Interpolation Flaps On The Ear	Hayes Gladstone, MD
9:36am	Multiple Uses Of Island Pedicle Flaps	Kelly Griffith Bauer, MD
9:46am	Paramedian Forehead Flap	Iren Kossintseva, MD
10:00am	BREAK	



FRIDAY, FEBRUARY 10

Skin Aging, Facial Plastic & Aesthetic Surgery

FACIAL PLASTIC SURGERY

MODERATOR: JAMES NEWMAN, MD

TIME	ACTIVITY	SPEAKER
2:00pm	APRES SKIS IN EXHIBIT HALL	
2:15pm	Next Gen Scar Camouflage	Ruth Swissa, CMM
2:30pm	Top 10 Tips For More Effective & Safe Facelifts	Gregory Mueller, MD
2:42pm	New Paradigms In The Understanding And Treatment Of Delayed Onset Adverse Events	Saami Khalifian, MD
2:54pm	Neocollagenesis With Biostimulating Fillers & PRP	Saami Khalifian, MD
3:02pm	Periorbital Rejuvenation - Combining Devices & Surgery	James Newman, MD
3:15pm	Lip Filler Techniques & What You're Not Seeing	Jennifer Hollander, NP-C
3:27pm	Under-Eye Fillers	Jennifer Hollander, NP-C
3:40pm	Overview Of Energy Based Devices	Corey Maas, MD
4:00pm	BREAK WITH EXHIBITORS	

4:30pm - 7:30pm

ENERGY BASED WORKSHOP - INDICATIONS & CONTROVERSIES **LIVE Demonstrations and LIVE Video**

This energy based workshop includes live patient demonstration style teaching with big screen video broadcast. Our expert faculty will showcase current state-of-the-art techniques, demonstrate and train in the latest technologies including RF and other modalities for skin rejuvenation and IPL techniques.

Participants: Nima Gharavi, MD | Corey Maas, MD | Amir Moradi, MD | Serena Mraz, MD | James Newman, MD



SATURDAY, FEBRUARY 11

Skin Aging, Facial Plastic & Aesthetic Surgery

PRACTICE MANAGEMENT

MODERATOR: SARMELA SUNDER, MD

TIME	ACTIVITY	SPEAKER
7:30am	BREAKFAST IN EXHIBIT HALL	
8:00am	How To Build A Concierge Patient Centered Practice	Michele Garber
8:10am	What Are Patients Really Saying: Takeaway Pearls From My Work As A Plastic Surgery Coach	Michele Garber
8:20am	Social Media Top Ten Tips and Tricks	Anna Guanche, MD
8:30am	Practice Growth Pearls From A Millennial	Joe Overman, MD
8:42am	Tell A Better Story: How To Create A Story For Your Patient	Mona Sharif
8:54am	Why Branding Matters, And What You're Doing Wrong	Mona Sharif
9:06am	Managing Your Online Presence & How To Win Against Negative Reviews	Debra Phairas
9:18am	Transitioning Your Practice: Buying, Selling, Or Retiring A Practice	Debra Phairas
9:30am	Keeping Your Staff Motivated And Holding Them Accountable	Chloe Belteau
9:45 am	Staff Management: Communicating With Your Team & Recruitment	Deedee Crossett
10:00am	Talent Recruitment - Hiring The Best	Lisa Marie Wark, MBA
10:15am	PANEL: INJECTION PEARLS FROM NURSE SPECIALISTS Melissa Gordon, RN Inna Prokopenko, RN Dee Mouhouche, RN	
10:45am	BREAK	
2:00pm	APRES SKI IN EXHIBIT HALL	

SATURDAY, FEBRUARY 11

Skin Aging, Facial Plastic & Aesthetic Surgery

ADVANCES IN COSMETIC INJECTABLES

MODERATOR: COREY MAAS, MD

TIME	ACTIVITY	SPEAKER
2:30pm	Update on Cosmetic Injectables	Corey Maas, MD

2:45pm - 7:00pm

INJECTABLES WORKSHOP: INDICATIONS & CONTROVERSIES **LIVE Demonstrations and LIVE Video**

3:45pm - 4:00pm

BREAK WITH EXHIBITORS

A feature of the SAFPAS Annual Winter Symposium, this workshop brings together leaders in injectables that showcase individual techniques for facial procedures with the latest injectables.

Participants: Diane Duncan, MD | Anna Guanche, MD | Robert Goldberg, MD | Corey Maas, MD | Amir Moradi, MD | Serena Mraz, MD | James Newman, MD | Stuart Seiff, MD | Roberta Sengelmann, MD | Sarmela Sunder, MD



SUNDAY, FEBRUARY 12

Skin Aging, Facial Plastic & Aesthetic Surgery

EYES & SKIN

MODERATOR: STUART SEIFF, MD

TIME	ACTIVITY	SPEAKER
8:00am	BREAKFAST IN EXHIBIT HALL	
8:00am	Defensins On Skin Senescence	Arman Danielian, MD
8:12am	Minimizing Surgical Complications In Rhinoplasty	Kayva Crawford, MD
8:17am	Advances In Treatment Of Patients With Ocularparesis	Morgan Davis, MD
8:22am	Incorporating Ear Cartilage Back Into Rhinoplasty Cases	Deborah Watson, MD
8:34am	Improving Skin Flap Survival - Current Practices and Future Directions	Benjamin Ostrander, MD
8:46am	Pearls and Pitfalls in the Prominent Eye	Malena Amato, MD
8:58am	Update on Memory Implants	Randal Pham, MD
9:10am	Managing Asymmetry In Upper Blepharoplasty: Nonsurgical And Surgical Approaches	Robert Goldberg, MD
9:22am	Management Of Frontal Vessels After Brow Lift	Stuart Seiff, MD
9:35am	New Concepts For Safer Deep Plane Facelifting	Gregory Keller, MD
10:00am	BREAK WITH EXHIBITORS	
10:30am	PANEL: FACIAL PLASTIC SURGERY: MANAGING UPPER LID FULLNESS, TIPS FOR SUCCESS, PEARLS FROM EUROPE, NEW ENDOSCOPIC INSTRUMENTS Robert Goldberg, MD Gregory Keller, MD Gregory Mueller, MD Sarmela Sunder, MD	
11:30am	CSFPS BUSINESS MEETING - Legislative Updates Including MICRA 2023	
1:00pm	MEETING ADJOURNS	



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